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A fitness expert was once asked. What is the best exercise. He thought about it a little and said the best exercise is something that you willing to do. you heard that one should start investing early. but how early is early. As early as you were conceived would have been best. If you have made an investment of 1000 rupees regularly since the time you were born you would have something like 36 crores when you retire. Obviously you wouldn't able to start that early. Right? That is a silly data point. but you could start when you get your first salary.? A humble monthly investment of rupees 1000 a month would have got you about 2.5 crores by the time you retire. Start when your age 40 to get to the same 2.5 crores you will have to invest 20,000 rupees a month. Delay it another 5 five years and you will have to invest 40,000 rupees a month to get to the same 2.5 crores when you retire.so it really doesn't matter where you invest if you don't begin investing.

so start now. Another common problem that I hear is many people saying that they don't have money to invest .so this means that your either not earning anything or you spending all that you earning. If you are not earning anything that is something that I can't help you with. but If you spending all that you earning that is something i can do there. There is a simple system that you can use to keep funding your investment account and this works like magic for every single client of mine.

Don't be fooled by the simplicity of it. It's very very effective. I am letting you into a invaluable secret now. Invest when you have the money. If at the end of the month you have no money so when is it that you have the money. I presume at the beginning of the month when your salary hits your account. Right! So invest then. Pay your future self first ,the rest of the bills can wait. As soon as your salary hits your bank account, move a predetermined sum of money or a percentage of your income into your investment account. You can automate this just find out from your bank how you can create automated request to do these transfers. and before you even realize it, trust me on this you will see your wealth grow year on year. On our next video learn why it isn't enough to just start investing.

